# Office of the President California State University, Chico

### **Executive Memorandum 17-008**

## September 5, 2017

From: Gayle E. Hutchinson, President

Subject: Name Change for the Minor in Exercise Science to Sport Performance

Upon the recommendation of the Academic Senate and the concurrence of the Provost, I approve Name Change for the Minor in Exercise Science to Sport Performance, effective Fall 2018.

Policy Title:	EM 17-008 Name Change for the Minor in Exercise Science to Sport Performance
Contact:	Department of Kinesiology
Supersedes:	Department of remedicionally
Revision:	
Enabling Legislation or	
Executive Order:	

## **Undergraduate Program Name Change**

Current Program Name: Exercise Science	
Propose Name Change to: Sport Performance	
Complete only if applicable	
Program named above is:	
Option within	
(degree program name)	
✓ Minor	
Certificate	
Rationale for Change (Note: For Degree Name Changes see Chance	Har's Office requirements. If the
rationale exceeds this space, attach additional pages):	not s Office requirements. If the
Please see attached.	
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Required Signatures	
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The Department of Kinesiology	
has reviewed and approved this name change:	
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Department Chair	Date
The College of _ Communication; Education	
has reviewed and approved this name change:	<del></del>
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College Dean	Date
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Curriculum Review Completed	Date 3/20/17
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Note: College Dean will advertise the proposed name change to the campus community via a Memorandum Of Intent. The department will be notified of EPPC review date.

#### **Undergraduate Program Name Change Rationale**

Recent changes in National Collegiate Athletic Association (NCAA) regulations require that all coaches working with athletic teams in sport development or strength and conditioning must be certified by a national organization that requires ongoing continuing education to maintain that certification. These new regulations affect both NCAA division I and division II athletic programs. The NCAA changes have enhanced the career opportunities available for those interested in sport performance development. As a result student interest in sport performance is presently high within the Kinesiology. This curriculum revision is driven by the changes in NCAA regulations and increased student interest in the field of sports performance. The modified minor will better serve students who are interested in sport performance as they work to develop relevant foundational knowledge.

### Dept. Kinesiology - Sport Performance Minor - Proposal Justification

Revision of existing 'Exercise Science Minor' (20-24 units); changing its name to 'Sport Performance' (28 units)

#### Rationale for Revision

- Significant student interest
- Recent changes in National Collegiate Athletic Association (NCAA) regulations require that all coaches working
  with athletic teams in sport development or strength and conditioning must be certified
- Sport Performance/Strength & Conditioning anticipated growth with significant future job prospects
- Department investment in Sport Performance Laboratory and nationally recognized faculty

#### Which Majors are Likely to Add this Minor?

- Department of Kinesiology students in: a) Exercise Physiology BS, b) Kinesiology BA Movement Studies option
- Currently approximately 90% of students with this minor are from Kinesiology

#### How Many Extra Classes (Beyond Major) will Newly Revised Minor Require?

Currently, the proposed minor would require (if students make appropriate choice):

- 1 additional course (3 units) for Exercise Physiology BS Majors
- 0 extra courses (0 units) for Movement Studies BA coaching and administration pattern
- 2 extra courses (6 units) for Movement Studies BA fitness and wellness pattern

#### Some Possible Scenarios for Students Adding the New Minor

Exercise Physiology BS (55-65 units)

	Major Units	Additional Units for Minor	GE Units	*Units Double Counted for GE and major	Unit Total	
Old Minor	70-74	+0	+48	-14	= 104-108	
New Minor	70-74	+3	+48	-14	= 107-111	

#### Movement Studies BA (70-74 units)

	Major Units	Additional Units for Minor	GE Units	*Units Double Counted for GE and major	Unit Total	
Old Minor	55-65	+3	+48	-4	= 102-112	
New Minor	55-65	+0 to +6	+48	-4 to -7	= 96-115	

#### **KINE Minor Count**

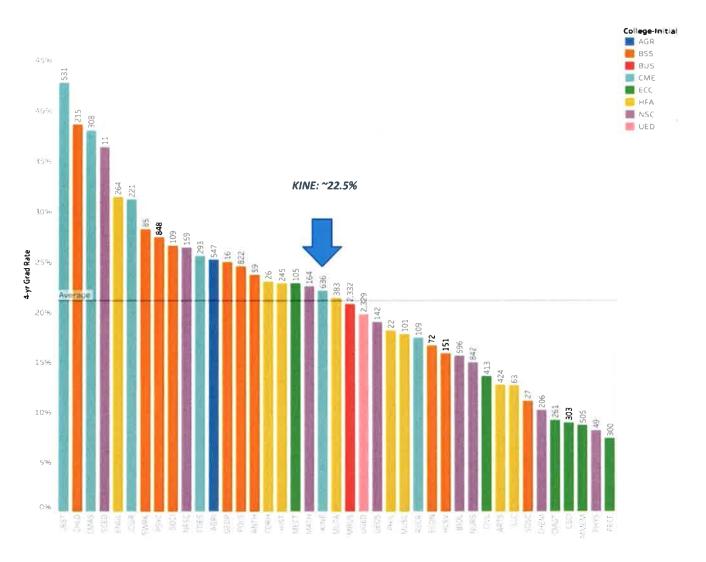
	2012-13		2013-14		2014-15		2015-16		2016-17
Minor	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring	
Adapted Physical Activity			_ 1	4	17	18	25	31	34
Coaching	16	19	15	20	19	22	23	24	24
Exercise Science	18	21	14	22	21	18	18	26	34
Physical Education	4	11	8	7	8	11	6	9	17
Total	38	51	38	53	65	69	72	90	109

Data Source: Insight - Census Snapshot from the Reporting Data Store (RDS)

#### Steps Underway to Increase KINE 4-yr Graduation Rates (Currently at 22.5%)

- Introduction to Kinesiology Course new 1-unit class (first offering F17) focused on student success, advising, campus resources, and career guidance; starting 2017-18 required for all Kinesiology and Exercise Physiology majors
- Dedicated AWTU for Kinesiology Program Advisors and Coordinators all students strongly recommended to meet with program advisor on a regular basis
- Mandatory Group Advising Sessions (1 per semester for each degree option)
- DPR and Smart Planner info available and emphasized at all student informational meetings

#### **Current KINE 4-yr Graduation Rates**



[Source: Bell, J. (2017). Four-year graduation rate analysis - CSUC]

#### \*Overlap of Major Requirements with GE

Biol 103 counts for both majors, the proposed minor and GE. There are several additional examples of other courses that are required in the major and count as GE courses:

- Movement studies-fitness and wellness pattern students can take KINE 152 (Health & Wellness pathway) as a choice major requirement and GE
- Movement studies-coaching pattern can take KINE 247 as a choice major requirement and GE (International Studies pathway)
- Exercise physiology students are required to take a number of courses for the major which also meet GE requirements 1) quantitative reasoning (Math 105), 2) physical sciences (Chem 107 or Chem 108), 3) Life Sciences (Biol 103 or Biol 104), Health and Wellness Pattern (NSFC 303)